

# ACTIVITIES TO DEVELOP HAND-EYE COORDINATION

## Examples of Equipment

- Thick felt-tip pens
- Thick, soft crayon
- Newspaper
- Chalk
- Chalkboard
- Clay
- Clothing, eg: socks
- Household Items, eg: jars, toothpaste and boxes
- Paint sets



## Examples of Activities:

### *Drawing:*

- Place newspaper on chalkboard. Encourage the child to make impressions on the paper using the crayon.
- Clearly define boundary in which the child is to draw. This may be a drawn border on the page, such as a box or a border of pictures. Another tactic is to place the paper over an object of another colour, thus the child can distinguish between the paper and the surface. Eg: placing white paper on a black mat.
- Trace lines of varying length, then shapes. 'Dot - to - Dots' forming lines and shapes. Include diagonal, vertical and horizontal lines.
- Painting activities.

### *Using Objects:*

- Drop large objects into wide openings and smaller objects into narrow openings, eg: beads into cups.
- Assist child to dress a doll using verbal cues and/or the child imitating your dressing another doll.
- Use daily activities to increase manipulation of objects, for instance putting toothpaste on toothbrush, getting dressed, placing clothing on a hanger.

### *Games:*

- Copy geometric shapes in clay
- Snakes and Ladders
- Pin the Tail on the Donkey
- Throwing a ball

